



**North Carolina Department of Health and Human Services  
Division of Mental Health, Developmental Disabilities and Substance Abuse Services**

3006 Mail Service Center • Raleigh, North Carolina 27699-3006

Tel 919-855-4700 • Fax 919-508-0955


Michael F. Easley, Governor  
Carmen Hooker Odom, Secretary

Michael Moseley, Director

June 29, 2007

**MEMORANDUM**

TO: LME/Area Program Directors  
Hospital Directors

FROM: Mike Hennike, Chief   
State Operated Services

RE: FY2007-2008 State Psychiatric Hospitals Utilization Plan

Beginning July 1, 2007, the Division of MH/DD/SAS will implement a revised utilization plan for the State Psychiatric Hospitals. This plan has been developed with input from a workgroup of LME representatives, the Hospital Utilization Plan Committee. Enclosed you will find the revised plan and a spreadsheet detailing utilization data for each LME. This plan incorporates the three hospital region model and includes admission benchmarks for all hospital units, some of which have not been included in prior plans. Although the 3 region model will not be in effect until the new hospital opens, for data collection standardization and ease of tracking, this plan is effective July 1<sup>st</sup>.

The new plan is based on an equitable allocation of resources based on the LME population percentage to the total population in the hospital region. This allocation will be used as the bed day utilization benchmark for FY 2007-2008. Bed days for the four categories of adult, adult long term, adolescent and geriatric admissions will require authorization as usual. Additionally, the other admission categories (medical/nursing, child, PRTF, deaf, research and forensics) will be tracked for each LME but will not require bed day authorization. Admissions for all categories will be tracked and reported as well this fiscal year.

It is the intent of DMH/DD/SAS to use the data collected from this plan for FY 2007-2008 to justify a future model that incorporates additional benchmarks to reduce state psychiatric hospital admissions as the community system of care is stabilized and as a robust community crisis continuum is developed.

A monthly report showing bed days used and admissions for all categories will be available on the Division web site beginning in August 2007.

Please contact Lena Klumper at (919)855-4700 or [Lena.Klumper@ncmail.net](mailto:Lena.Klumper@ncmail.net) if you have questions or comments.

cc: Secretary Carmen Hooker Odom  
Allen Dobson, MD  
Dan Stewart  
DMHDDSAS Executive Leadership Team  
DMHDDSAS Leadership Team  
State Facility Directors  
Yvonne Copeland  
Patrice Roesler

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